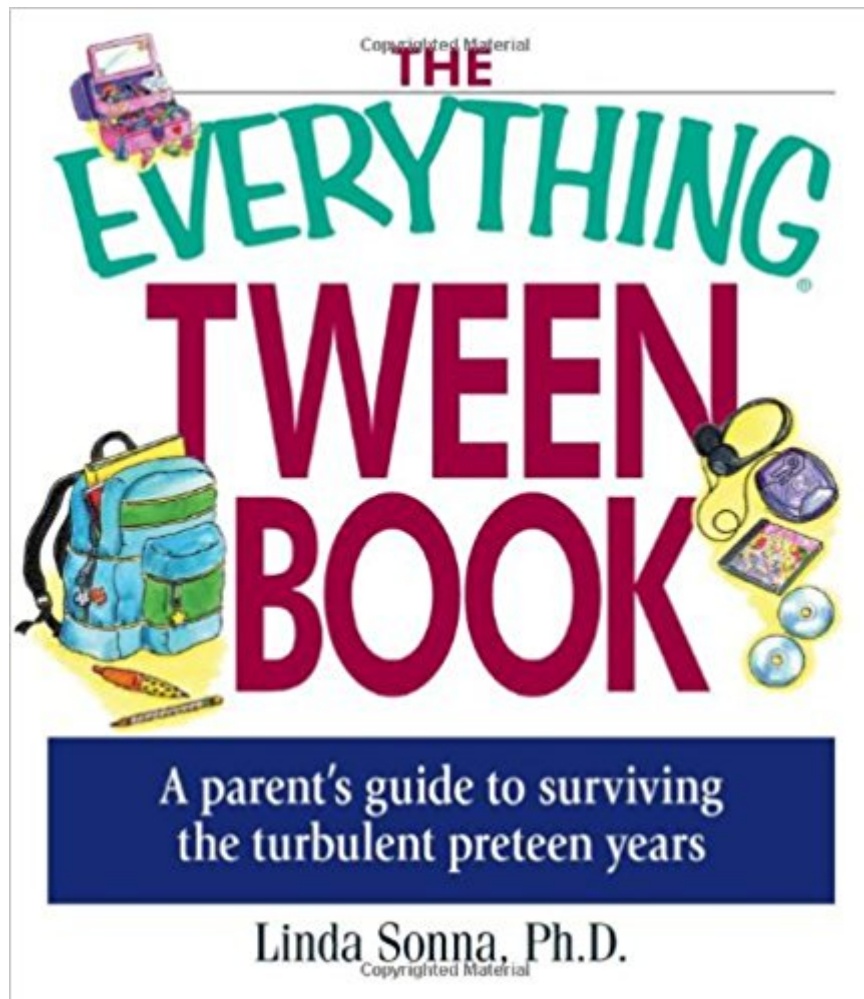


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# The Everything Tween Book: A Parent's Guide To Surviving The Turbulent Pre-Teen Years



## Synopsis

Has your daughter started wearing makeup and thinking about boys - years before you dreamed it could happen? Are you concerned that your son has been acting up and talking back - while you're sure you should still be his hero? As you know, the "tween" years, which fall between the ages of eight and twelve, can often be a challenging time for both you and your child. The Everything Tween Book, written by child psychologist Dr. Linda Sonna, helps you navigate the trying years between childhood and adolescence. From addressing such serious issues as eating disorders and school violence to learning tolerance for pink and blue hair, The Everything Tween Book helps you understand and cope with your child's psychological, social, and emotional needs. The Everything Tween Book provides sound, professional advice on: Understanding - and dealing with - rebellion Improving communication Disciplining Managing sibling spats Helping your tween face peer pressure Ensuring good health Teaching sex education Packed with practical advice and reliable tips to help you get through the worst conflicts, The Everything Tween Book ensures that you stay sane while your tween blossoms into a healthy, happy, and mature young adult.

## Book Information

Series: Everything®

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Product Dimensions: 8 x 0.8 x 9.2 inches

Shipping Weight: 1.2 pounds

Average Customer Review: 4.6 out of 5 stars See all reviews (21 customer reviews)

Best Sellers Rank: #92,212 in Books (See Top 100 in Books) #74 in Books > Parenting & Relationships > Parenting > School-Age Children

## Customer Reviews

Finally a book that touches on the questions parents of "tweenagers" struggle with daily and offers workable solutions to the problems of homework, sex, drugs, moodiness, peers, etc. Dr. Sonna knows her stuff and shares it in a highly readable and understandable way.

Kids are trying to grow up too fast, acting like teenagers when they're still in elementary school. This

book has lots of good advice for keeping kids on a good track at school, and at home, along with tips for sleeping,safety, keeping them off of junk food, and "everything" else. Already my daughter and I are getting along better.

Lots of insight and useful suggestions. My tween is also reading it, and "suggesting" I read certain sections. A lot of good conversations have started that way.

I think looking at this book as overly simplistic misses the point. When your child goes from a calm, sane angel to holy terror overnight, you need to stop the carnage ASAP. This book not only reassures the parents that this is normal behavior for the age but gives you quick strategies for dealing with the new stranger in your house. I will be happy to read all about that deeper psychological interplay when my daughter is out of the nest.

I guess I expected too much from this book. I couldn't get past the first 30 pages without feeling it was written for Jr. High Family and Health class. Think of it as the "light" version of parenting advice. If that's what you're looking for, here's your book. Examples (with a dose of sarcasm:)Did you know that fat and sugar makes kids fat?!Did you know that kids should wear helmets when skateboarding!?Did you know that kids should dress warmly on a winter's day?!

As a middle school teacher who deals with 11yr olds all day I thought this was a great book. Very light reading, quick and easy but full of good stuff. Linda is "right on" when describing the Tween and gives lots of insightful, useful tips. I highly recommend this for both parents and anyone working with this age group - especially if you are "new" to this age group.

This is a very informative book for parents and their first preteen. My daughter went from little girl to preteen overnight. I was looking for a book to explain the little stranger I am now living with. This has helped understand what she's going through. I would recommend this to parents.

So far a very good easy read. Love all the pointers and is already helping with my two tween daughters! Planning on finishing this week. Love having on my iPad vs the physical book. On iPad can read on the go the physical book is a little more bulky and not possible.

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